

## Scout Weekend Campout Checklist (also check the Scout Handbook)

| ✓ | Item  | Description / Comments / Item   | Mandatory? |
|---|---|---|------------|
|   | <b>Scout Handbook</b>   | Boy Scout Field Book is not necessary   | Yes        |
|   | <b>Sleeping bag</b>   |   | Yes        |
|   | <b>Sleeping pad</b>   | Closed cell foam (air mattresses are not good insulators)   | Yes        |
|   | <b>Eating kit:</b><br><i>Mess kit or<br/>Plastic plate, bowl, &amp; cup</i>   | Remember, metallic objects do not have good insulating value in cold weather. FYI. Meijer's sells Rubbermaid microwave plates/bowls/cups at a reasonable price.   | Yes        |
|   | <b>Utensils:</b> <i>fork, knife &amp; spoon</i>   |   | Yes        |
|   | <b>Backpack</b>   | Necessary for Summer Camp   |            |
|   | <b>Flashlight:</b> <i>with good batteries<br/>AND an extra set of batteries<br/>and a bulb</i>  |   | Yes        |
|   | <b>Personal clean-up items:</b>   |   | Yes        |
|   | <i>Small bar of soap<br/>Comb<br/>Metal Mirror<br/>Small tube of tooth paste</i>  | <i>Tooth brush<br/>Dental floss<br/>Towel<br/>Wash cloth</i>  |            |
|   | <b>Poncho or Rain Coat</b>  |   | Yes        |
|   | <b>Water bottle or canteen</b>  |   | Yes        |
|   | <b>First Aid kit</b>  | Scout should make kit for 2nd Class requirements  |            |
|   | <i>6 adhesive bandages<br/>2 sterile gauze pads 3x3 inch<br/>1 small roll of adhesive tape<br/>1 Moleskin 3x6 inch<br/>1 small bar soap<br/>1 antiseptic (small tube)</i> | <i>1 pair scissors<br/>1 pair latex gloves<br/>1 mouth-barrier device for rescue breathing<br/>or CPR<br/>1 plastic goggles or other eye protection<br/>1 pencil and paper</i>  |            |
|   | <b>Compass</b>  |   |            |
|   | <b>Matches In a waterproof container or Ziploc bag</b>  |   |            |
|   | <b>Mosquito Net</b>   | Really want for Summer Camp   | Optional   |
|   | <b>Name Stake and Fire Bucket</b>   | Fire Bucket can be made from big coffee can and hangs on name stake. It's important to have the name stake done so scout's tent can be found.   | Yes        |
|   | <b>Plastic trash bags</b>   | Storage & rain protection. Can serve to protect pack or other gear from rain.   |            |
|   | <b>Ziploc bags</b>  | Storage & rain protection. Pack clothes in Ziploc bags to keep them dry.  |            |
|   | <b>Scout knife</b>  | Can bring after earning Totin' Chip.  |            |
|   | <b>Sun protection</b>   | Sunscreen or other coverage   |            |
|   | <b>Mosquito repellent</b>   | Lots of varieties of mosquitoes in Michigan. Deet works with most. Other repellents usually less effective. Clothes can be treated with Permethrin.   |            |
|   | <b>Clothes line</b>   | For drying/hanging wet gear.  |            |
|   | <b>Clothes</b>  | Refer to the Boy Scout Handbook.  |            |
|   | <b>Uniform (Wear)</b>   | Don't forget your uniform and related items.  | Yes        |
|   | <b>Good boots (waterproof)</b>  | Will keep you happy on campouts and hikes.  | Yes        |
|   | <b>Spare Shoes</b>  | Tennis shoes / sneakers should not be worn, but can be used as a spare pair of shoes in case your good ones get wet. Sandals are not to be worn around campfires and when we work with saws and axes. You can wear sandals when we sleep in cabins, but only inside.) |            |

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|               |  |   |  |
|---------------|--|---|--|
|               | <b>Sweatshirt or Polar Fleece and Light Jacket</b> | A hooded sweatshirt or stocking hat worn to bed will help keep your head warm. Remember, you head is where most body heat is lost.  |  |
|               | <b>Stocking hat</b>                                |   |  |
|               | <b>Boy Scout Cap or Hat</b>                        | If you haven't bought a Boy Scout cap yet don't worry. The Troop usually organizes a chance to buy Troop shirts and caps (the red ones you see some of us wearing) each spring. You can get one then. |  |
|               | <b>Extra pair of glasses</b>                       | If needed.  |  |
| ✓             | <b>Item</b>  | ✓   | <b>Item</b>                              |
| <b>Winter</b> |  |   |  |
|               | <i>Long Sleeve Shirt*</i>                          |   | <i>Insulated parka or coat with hood</i> |
|               | <i>Long Pants*</i>                                 |   | <i>Warm Hat*</i>                         |
|               | <i>Sweater*</i>                                    |   | <i>Mittens*</i>                          |
|               | <i>Long Underwear*</i>                             |   | <i>Rain Gear</i>                         |
|               | <i>Hiking or Winter Boots</i>                      |   | <i>Extra underwear</i>                   |
|               | <i>Socks</i>                                       |   |  |
| <b>Summer</b> |  |   |  |
|               | <i>Short sleeve shirt</i>                          |   | <i>Socks</i>                             |
|               | <i>T-shirt (Boy Scout is best)</i>                 |   | <i>Hat with a brim for shade</i>         |
|               | <i>Hiking shorts</i>                               |   | <i>Bandanna</i>                          |
|               | <i>Long pants</i>                                  |   | <i>Rain Gear</i>                         |
|               | <i>Sweater or warm jacket*</i>                     |   | <i>Extra underwear</i>                   |
|               | <i>Hiking Boots</i>                                |   |  |

## A FEW OTHER POINTERS

- Put your name on each piece of equipment and clothing.
- Remember if you over-pack you have to carry it.
- Leave your sleeping bag rolled up until needed so it wont absorb moisture.
- Troop 755 wears Boy Scout Uniforms to and from all activities.
- A complete change of fresh clothes when going to bed will help you stay warm.
- Breathing inside your sleeping bag puts a lot of moisture inside which eventually turns cold. Keep your face outside the bag.
- Drinking fluids will help keep you warm as your body is like a hot water bottle. Without fluids, your body has trouble warming itself.
- Keeping food, drink and sometimes food-like substances (toothpaste, chapstick, sunscreen, mouthwash, bug repellent, deodorant, shampoo, etc.) inside your tent invites visitors from the woods to your tent.